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| --- | --- | --- |
| **Bibhatsa**  Disgust, Revolt | **Raudra**  Rage, Anger, Contempt | **Karuna**  Sadness, Pity |
| **Hasya**  Laughter, Joy, Elation | **Shanta**  Peace, Harmony | **Bhayanaka**  Fear, Terror, Shame |
| **Sringara**  Pleasure, Love | **Vira**  Courage, Pride, Virility | **Abdhuta**  Wonder, Surprise, Awe |

**RASA Boxes Brainstorm**

**RASA:** flavor, essence, juice; the basic human emotions

**Directions:** *For each block below sketch a picture that you associate with the word. Also write at least synonyms or phrases that you associate with the feeling.*