# UTA Hagen- Object Exercises

Warm-up Question: Why do athletes stretch before working out/competing?

*As a class, we will read Uta Hagen’s Respect for Acting, pages 81-86. This can be found on the class webpage.*

Brainstorming (Participation Grade)

Decide a moment in your daily life when you can apply the principles discussed in the reading.

Moment: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Who am I?
2. What time is it?
3. Where am I?
4. What surrounds me?
5. What are the given circumstances?
6. What is my relationship?
7. What do I want?
8. What’s in my way?
9. What do I do to get what I want?

Assessment (Quiz Grade):

Now, create a 2 minute performance of this moment in your life. You should be able to answer all of the above questions for the scene you are performing. You are to perform this scene alone and pantomime all actions. Try to pay attention to as many specific details as possible and perform the scene in real time.

|  |  |  |  |
| --- | --- | --- | --- |
|  | 1  | 2 | 3  |
| Time  | Between 30-60 seconds (20 pts) | 60-90 Seconds (25 pts)  | 90-120 Seconds (30pts)  |
| Play out  | You span 10 or more minutes in performance (20pts)  | You span around 5 mins in performance (30 pts)  | You perform your actions in real time (40 pts)  |
| Pantomime  | Actions are unclear (10pts)  | Actions are clear but not precise (20pts)  | All actions are clear and precise. (30pts)  |

Grade: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Feedback: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_